

**UNIVERSITY STUDENT HEALTH SERVICES • Fact Sheet**

**ADVANCE DIRECTIVE**

**WHAT IS IT?**

An advance directive is a witnessed written document, voluntarily executed by the declarant, stating what one's wishes are regarding mechanical supports and end of life issues, i.e. living will, durable power of attorney for healthcare, organ, tissue and eye donation.

Patients interested in completing an Advance Directive Form may request assistance in doing so. In general, physicians within University Student Health Service will be available to answer questions. Copies of the Virginia Advance Medical Directive with guidelines are available at:

<http://www.vsb.org/site/public/healthcare-decisions-day>

Patients should read the guidelines prior to completing the Advance Medical Directive.